

DIAGNOSIS AND TREATMENT OF HEART DISEASE IN WOMEN FROM A NEW PERSPECTIVE.

HEART DISEASE IN WOMEN IS DIFFERENT

For many women, traditional cardiovascular testing and treatment can sometimes fall short because:

- microvascular coronary disease disproportionately affects women.
- women have unique risk factors for heart disease including pregnancy-related factors and autoimmune disease.
- women often present with “atypical” (i.e., not typical for men) symptoms of MI.

The Women’s Heart Center at the Seton Heart Institute provides care from the woman’s unique health needs perspective. Using traditional and female-specific evaluation and management strategies, the center is designed to help women who have survived a heart-related crisis or who are significantly at risk for one in the future.

CONNECT YOUR PATIENTS TO GREAT CARE BY CARING PEOPLE



The Women’s Heart Center provides risk assessment, diagnosis and treatment utilizing state-of-the-art facilities across the Seton Healthcare Family, the leading provider of comprehensive healthcare services in Central Texas.

Seton offers a different healthcare experience - Humancare. It’s healthcare that thinks with its heart and treats the entire person by providing the best care possible with dignity and respect.

The Women’s Heart Center at the Seton Heart Institute is directed by Caitlin Giesler, MD, FACC.



Dr. Caitlin Giesler received her medical degree from The University of Texas - Houston Medical School in Houston, TX. She completed her residency in Internal Medicine at the University of Cincinnati in Cincinnati, OH and her fellowship in

Cardiovascular Diseases at the University of Cincinnati. During her fellowship, Dr. Giesler pursued research on heart failure in women and the evaluation of cardiac biomarkers in hospitalized patients.

Dr. Giesler believes in prevention through risk factor modification and optimal medical management which is achieved by a team-based approach including patients and their families. She is also especially interested in nuclear cardiology and heart disease in women.

Dr. Giesler is board certified in Internal Medicine, Cardiovascular Diseases and Nuclear Cardiology. She is a Fellow of the American College of Cardiology and a member of the American Heart Association and the American Society of Nuclear Cardiology. She is also a member of the Texas Medical Association and the Travis County Medical Society.

For patient referrals or more information, please contact 512-324-3440.



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TYPES OF PATIENT REFERRALS

- Angina or equivalent
- CAD
- 2 or more risk factors for CAD (>55, FH, smoking, Htn, high chol, obesity, DM)
- SLE or RA + 1 CAD risk factor
- h/o pre-eclampsia, gestational DM
- h/o takotsubo (stress) cardiomyopathy
- h/o spontaneous coronary artery dissection
- Open artery ischemia
- Interest in further CV evaluation

ASSESSMENT AND EVALUATION PROCESS

New patients will complete a questionnaire before their first appointment to identify individual risk factors for heart disease and other diseases common to women. This risk assessment report provides the foundation for each patient's heart disease prevention plan.

After thoroughly reviewing the patient's medical history, risk assessment report and conducting a complete cardiac exam (including fingerstick cholesterol), Dr. Giesler and her team will formulate a unique individualized treatment plan. Additional testing may be indicated and may include:

- Electrocardiogram (EKG)
- Cardiac magnetic resonance (MR) imaging
- Specialty blood testing for inherited disorders
- Exercise stress testing
- Rest and stress echocardiogram
- Stress radionuclide perfusion
- Coronary calcium scan using EBCT
- CT angiogram
- Coronary angiography
- Electrophysiology testing
- Specialty invasive testing including acetylcholine coronary endothelial function



ACCESS TO SPECIALTY CARE

The Women's Heart Center and Dr. Giesler will refer appropriately and can provide access to all leading programs and specialties that Seton offers.

- Heart Specialty Care and Transplant Center
- Seton Breast Care Center
- Seton Brain and Spine Institute
- Outpatient Diabetes Program
- Seton Tobacco Cessation Program
- Seton Women's Health Program
- Obstetric and Gynecologic Services
- Seton Total Health Partners

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Seton Heart Institute

WOMEN'S HEART CENTER

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