



**Clinical Pastoral Education
Sequential Curriculum
ACPE Standard 308.6.2 & 309 – 312**

Level I

Unit 1

Introduction to Ministry in a Health Care Facility

Themes

- Educational Methodology of CPE
- Myers Briggs Assessment
- Role of the Chaplain
- A Patient's Medical Experience
- Introduction to Basic Pastoral Care Skills
- Spirituality and Pastoral Care Practice
- Grief and Loss
- Ministry During Times of Death
- Working as a Member of an Interdisciplinary Team
- Introduction to Pastoral Assessments and Plans of Care
- Theological Reflection in Pastoral Care
- Introduction to Crisis Intervention
- Introduction to Group Dynamics
- Clinical Faculty Mentoring
- Management of Administrative Responsibilities

Emphases

- Action – Reflection Model of CPE
- Development of Learning Contract
- Spiritual Assessment and Plan of Care
- Role of the Chaplain
- Pastoral Care Foundations
- Pastoral Care Skills
- Use of Spiritual Resources
- Grief and Loss

- Spiritual and Cultural Diversity
- Personal and Pastoral Identity
- Pastoral Authority
- Individual and Group Dynamics

Curriculum Components

- Orientation to the Seton Family of Hospitals and to the Role of Chaplain
- Orientation to Clinical Assignments
- Orientation to CPE
- Didactics Addressing Issues in Pastoral Care
- Clinical Practice
- Spiritual Reflection Seminars
- Pastoral Care Conferences
- Pastoral Rounds Seminars
- Interpersonal Group Seminars
- Dream Seminars
- Theological Reflection Seminars
- Reading Seminars Addressing Pastoral Care Skills and Pastoral Identity
- Individual Supervision
- Mid-Unit and Final Unit Evaluations

Bibliography

- Capps, Donald. Fragile Connections: Memoirs of Mental Illness
- Doehring, Carrie. The Practice of Pastoral Care: A Postmodern Approach
- Dykstra, Robert C. Images of Pastoral Care
- Fitchett, George. Assessing Spiritual Needs
- Froemke, Susan & Nevins, Shelia. Addiction: Why Can't They Stop?
- Lips, Hilary M. A New Psychology of Women
- McAdams, Dan P. The Stories We Live By
- R. Estelan Montillo & Ferney Medino. Pastoral Care and Counseling with Latino/as
- Patton, John. Pastoral Care: An Essential Guide
- Oglesby, Willaim B. Biblical Themes for Pastoral Care
- Ramsey, Nancy J. Pastoral Diagnosis
- Savage, John. Listening & Caring Skills in Ministry
- Stevenson – Moessner. A Primer In Pastoral Care
- Switzer, David K. The Minister as Crisis Counselor
- Wimberly, Edward P. African American Pastoral Care And Counseling

Expected Outcomes –Unit 1/Level I

- Formulation of specific goals that address one's pastoral formation, including one's personal strengths and weaknesses. (311.9)

- An understanding of the clinical method of learning (311.8)
- Identification of some key theological concepts of one's pastoral theology (311.1)
- Identification of some significant life events and their influence on one's pastoral formation (311.2)
- Use of peer group and supervisory consultation for personal and professional growth (311.3)
- Risk in offering and receiving feedback and critique (311.4)
- Recognition of relational dynamics in peer group and professional interaction, and their influence on how one functions personally and professionally (311.5)
- Integration of conceptual knowledge into one's practice of pastoral care (311.6)
- Functioning effectively as a member of a pastoral care team (311.5)
- Development of pastoral assessments that inform one's ministry to others (311.7)
- Initiation of pastoral relationships with staff, patients and families in a multicultural setting (311.7)
- Exploration of a range of pastoral care skills including active listening, confronting with sensitivity and exploring spiritual concerns (311.7)
- Working effectively as a chaplain in a interdisciplinary setting (311.7)

Unit 2

Exploring Pastoral Identity

Themes

- Reflection on Significant Events in Student's Pastoral Formation
- Identification and Articulation of the Student's Pastoral Care Style
- Identification and Articulation of the Student's Theological Understanding of the Pastoral Care Role
- Exploration of Student's Spiritual Journey and Its Influence on Pastoral Identity
- Effective Employment of Plans of Care in Pastoral Care
- Identification and Reflection on a Student's Style of Pastoral Leadership
- Development of a Wide Range of Pastoral Care Skills
- Management of Administrative Responsibilities
- Clinical Faculty Mentoring
- Mentoring of Extern Students

Emphases

- Development of a Learning Contract
- Use of Spiritual Assessments in Plans of Care
- Continued Development of Pastoral Care Skills
- Articulation of Pastoral Identity
- Identification of Strengths and Weaknesses as a Pastor
- Narrative Reflection in Personal Identity and Pastoral Care

- Use of Spiritual Resources in Pastoral Care
- Management of Administrative Responsibilities
- Cultural Diversity
- Individual and Group Dynamics
- Mentoring of CPE Externs
- Learning with Clinical Faculty

Curriculum Components

- Orientation to Clinical Assignments
- Orientation to the CPE Unit Curriculum
- Didactic Addressing Pastoral Formation and Issues in Pastoral Care
- Clinical Practice
- Live Verbatim Seminars
- Interpersonal Group Seminars
- Pastoral Rounds Seminars
- Pastoral Care Conferences
- Dream Seminars
- Spiritual Reflection Seminars
- Retreat on Spirituality and Pastoral Identity
- Paper/Project Articulating a Student's Understanding of Her or His Spirituality and Its Impact on the Practice of Pastoral Care
- Individual Supervision
- Mid-Unit and Final Unit Evaluation

Bibliography

- Bondi, Roberta. Memories of God: Theological Reflections on a Life
- Bush, Joseph E., Jr. Gentle Shepherding: Pastoral Ethics and Leadership
- Capps, Donald. Living Stories
- Crews, Harry. A Childhood: The Biography of a Place
- Dykstra, Robert D. Losers, Loners, and Rebels: The Spiritual Struggles of Boys
- Fitchett, George. Assessing Spiritual Needs
- Froemke, Susan & Nevins, Shelia. Addiction: Why Can't They Stop?
- Gutheil, Thomas G. Preventing Boundary Violations in Clinical Practice
- Hiltner, Seward. Preface to Pastoral Theology
- Knowles, John. A Separate Peace
- Koenig, Harold G. Faith in the Future: Healthcare, Aging and the Role of Religion
- May, Rollo. Power and Innocence
- McAdams, Dan P. The Stories We Live By (Text for Reading Seminar)
- O'Connor, Flannery. The Complete Stories
- Potok, Chaim. The Chosen
- Price, Reynolds. A Whole New Life
- Quadroyno, Jill. Aging and the Life Course: An Introduction to Social Gerontology

- Ramsey, Nancy J. Pastoral Diagnosis
- Williams, Daniel Day. The Minister and the Care of Souls
- Wright, Richard. Black Boy

Expected Outcomes – Unit 2/Level I

- Demonstrated ability to articulate the central themes in a student’s spiritual journey and their influence upon his or her pastoral care (311.1)
- Demonstrated ability to recognize the central themes in a patient/family story and to use them to inform one’s pastoral care (311.6)
- Demonstrated ability to recognize the influence of gender and cultural context on personal functioning and pastoral care (311.2)
- Demonstrated ability to dialogue with peers and supervisor about challenges arising in pastoral care and group interaction, and to articulate the psychological and cultural dynamics involved (311.3)
- Demonstrated ability to offer timely and appropriate critique, and to identify the challenges that arise in addressing this outcome (311.4)
- Demonstrated ability to effectively recognize and make use of one’s relational dynamics in interactions with peers, supervisor, patients and their families and in interdisciplinary settings (311.5)
- Demonstrated ability to understand the role of narrative, and a demonstrated capacity to apply that understanding to pastoral care (311.6)
- Demonstrated ability to employ a wide range of pastoral care skills in ministry to others (311.7)
- Developing awareness of the value of self—supervision in identifying and working with learning issues (311.8)
- Demonstrated ability to formulate clear and specific goals for learning that recognize the progress made and the challenges that remain (311.9)

Unit 3

The Self in Systems

Themes

- Introduction to an Understanding of Systems
- Study of the Theological Implications of Systems Theory
- Reflection on a Student’s Family System and Its Influence on the Student’s Pastoral Identity and Pastoral Care Style
- Focus on Systemic Thinking in Pastoral Care – Impact of Family, Culture, Faith and Institutional Context
- Ministry to Families
- Study of the Spirituality of Systems
- Role of Culture and Environment in a Person’s Response to Illness and Death
- Ethical Reflection in Pastoral Care

- Inventory of One's Pastoral Care Skills
- Clinical Faculty Mentoring
- Mentoring of Extern Students
- Management of Administrative Responsibilities

Emphases

- Orientation to Clinical Assignments
- Orientation to CPE Unit Curriculum
- Level II Educational Consultation
- Development of a Learning Contract
- Development of an Understanding of Family Systems Theory and Its Implication for Pastoral Care
- Awareness of the Influence of the Resident's Family System on Her or His Pastoral Practice and Pastoral Identity
- Development of an Appreciation for Culture on a Person's Response to Trauma and Illness
- Ministry to Individuals and Families
- Development of Mentoring Skills
- Ability to Provide Pastoral Leadership in a Multidisciplinary Setting
- Cultivation of Professional Relationships with Staff Chaplains and Other Members Within the Department
- Use of Self-Supervision and Pastoral Consultation

Curriculum Components

- Orientation to Clinical Assignments
- Orientation to CPE Unit Curriculum
- Level II Educational Consultation
- Clinical Practice
- Didactics on Systems Theory and Its Implications, for Spirituality, Pastoral Care and Ministry
- Cultural Awareness Seminar
- Live Verbatim Seminars
- Pastoral Rounds Seminars
- Pastoral Care Seminars
- Interpersonal Group Seminars
- Reading Seminars on Systems Theory and Pastoral Care
- Individual Supervision
- Mid-Unit and Final Evaluations

Bibliography

- Augsburger, David. Pastoral Counseling Across Cultures
- Capps, Donald. Biblical Approaches to Pastoral Care

- Ronald, Richardson. Pastoral Care and Preaching: A Quest for an Integrated Ministry
- Callahan, Daniel. Setting Limits: Medical Costs in an Aging Society
- Callahan, Daniel. The Troubled Dream of Life: In Search of a Peaceful Death
- Freidman, Edwin. A Failure of Nerve
- Friedman, Edwin. Generation to Generation: Family Process in Church and Synagogue
- Gilbert, Roberta. Extraordinary Relationships: A New Way of Thinking About Human Relationships
- Gilbert, Roberta. Extraordinary Leadership: Thinking Systems, Making a Difference
- Guerin, Philip J. Working With Relationship Triangles
- Haley, Jay. Leaving Home: The Therapy of Disturbed Young People
- Kerr, Michael and Bowen, Murray. Family Evaluation: The Role of the Family as an Emotional Unit
- Scarf, Maggie. Intimate Partners: Patterns In Love and Marriage
- Scarf, Maggie. Intimate Worlds: How Families Thrive and Why They Fail
- Minuchin, Patricia, Colapinto, Jorge and Minchin, Salvador. Working With Families of the Poor, Second Addition
- Minuchin, Salvador, Nichols, Michael P. and Lee, Wai Yung. Assessing Families and Couples: From Symptom to System
- Titelman, Peter. Emotional Cutoff

Expected Outcomes – Level 3/Level I

- Demonstrated ability to articulate an understanding of the major concepts associated with the Bowen theory of family systems. (311.6)
- Demonstrated awareness of the influence of one's family system upon pastoral identity and pastoral practice. (312.2)
- Demonstrated ability to articulate an understanding of the influence of culture on a person's response to illness and death. (311.7)
- Demonstrated ability to recognize the systematic implications of one's theological perspective. (311.1)
- Demonstrated ability to employ family system theory in one's pastoral assessments and plans of care. (311.6)
- Demonstrated ability to use consultation in the practice of one's pastoral care. (311.3)
- Demonstrated ability to dialogue with peers and supervisor about challenges arising in pastoral care and group interaction, and to articulate the psychological and cultural dynamics involved. (311.3)
- Demonstrated ability to offer timely and appropriate critique, and to identify the challenges that arise in addressing this outcome. (311.4)
- Demonstrated ability to effectively recognize and make use of one's relational dynamics in interactions with peers, supervisor, patients and their families and in interdisciplinary settings. (311.5)
- Demonstrated ability to employ a wide range of pastoral care skills in ministry to others (311.7)

- Demonstrated ability to formulate clear and specific goals for learning that recognizes the progress made and the challenges that remain. (311.9)
- Developing awareness of the value of self—supervision in identifying and working with learning issues. (311.8)
- Demonstrated ability to formulate clear and specific goals for learning that recognizes the progress made and the challenges that remain. (311.9)

Unit 4

Exploring Pastoral Authority and Leadership

Themes

- Identification of One's Leadership Style
- A Theological Understanding of Leadership
- Psychological Dimensions of Leadership
- Spirituality and Leadership
- DISC Profile
- Effective Team Work
- Identification of Styles of Addressing Conflict
- Transition from CPE to Work
- Development of a Resume
- Preparation for Job Interviews
- Clinical Faculty Mentoring
- Mentoring of Intern Students
- Management of Administrative Responsibilities

Emphases

- Identification of One's Strengths and Weaknesses as a Leader
- Development and Nurture of Professional Relationships
- Addressing Conflict and Misunderstandings
- Exercising Pastoral Authority
- Articulation of an Understanding of the Role of Leadership
- Working Effectively as a Member of an Interdisciplinary Team
- Staff Support
- Inventory of Pastoral Care Skills
- Resume Preparation
- Applying for a Chaplaincy Position
- Preparing for a Job Interview

Curriculum Components

- Orientation to Clinical Assignments

- Orientation to CPE Unit Curriculum
- Clinical Practice
- Didactics on Leadership and Pastoral Authority
- Reading Seminars on Leadership
- Retreat on Spirituality and Leadership
- Pastoral Care Conferences
- Pastoral Rounds
- Leadership Seminars
- Interpersonal Group Seminars
- Mentoring of Summer Interns
- Individual Supervision
- Mid-Unit and Final Evaluations

Bibliography

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- Chandler, John P. Courageous Church Leadership: Conversations with Effective Practitioners
- Depree, Max. Leadership Is An Art
- Friedman, Joel and Boumil, Marcia. Betrayal of Trust: Sex and Power in Professional Relationships
- Goleman, Daniel, & al. Primal Leadership: Learning to Lead with Emotional Intelligence
- Goleman, Daniel. Social Intelligence: The New Science of Human Relationships
- Greenleaf, Robert K. & al. Servant Leadership
- Hauerwas, Stanley. God, Medicine and Suffering
- Lencioni, Patrick. The Five Dysfunctions of Teams: A Fable
- Lencioni, Patrick. Overcoming the Five Dysfunctions of a Team: A Field Guide
- May, Rollo. Power and Innocence
- Patterson, Kerry & al. Crucial Confrontations: Tools for Talking about Broken Promises, Violated Expectations and Bad Behavior
- Patterson, Kerry & al. Influencer: The Power to Change Anything
- Singer, Peter. Practical Ethics
- Stevens, R. Paul. The Equipping Pastor: A Systems Approach to Congregational Leadership
- Wink, Walter. The Powers That Be: Theology for a New Millennium

Expected Outcomes – Unit 4/Level I

- Demonstrated ability to articulate the influence of major life events, relationships and cultural contexts on an understanding of power and authority (311.2).

- Demonstrated ability to articulate a theological understanding of leadership, power and authority (311.1)
- Demonstrated ability to articulate and use professional consultation in a pastoral practice (311.3)
- Demonstrated ability to formulate appropriate learning goals to address leadership and professional relationships in a multidisciplinary setting (311.9)
- Demonstrated ability to recognize the relational dynamics and their influence on pastoral practice and professional relationships (311.5)
- Demonstrated ability to integrate a conceptual understanding of leadership and professional relationships into a pastoral practice (311.6)
- Demonstrated ability to articulate an understanding of pastoral leadership congruent with a ministry in a multicultural context. (311.7).

Level II Curriculum

Unit 3

The Self in Systems

- Unit 3/Level II would address the themes listed above for Unit 3/Level I with an emphasis on demonstrated competence. Entrance into Level II CPE depends upon a successful completion of a Level II Educational Consultation at the beginning of Unit 3.
- Additional Educational Components of Unit 3/Level II will include at least three (3) of the following options:
 - Presentation of a Didactic on Pastoral Care Issues to Peers and Supervisors
 - A Paper/Project Articulating an Understanding of the Influence of the Student's Family System on His or Her Pastoral Functioning
 - A Case Study Demonstrating the Use of Systems Thinking in Pastoral Care
 - A Paper/Project Discussing the Student's Understanding of the Theological Implications of Systems Thinking in Pastoral Care
 - A Paper/Project Articulating The Student's Understanding of the Pastoral Role in an Interdisciplinary Setting
 - A Paper Discussing the Systemic Challenges of Working at Seton as a Chaplain Resident
 - Project Exploring Creative Options for Providing Pastoral Care in the Student's Clinical Setting
 - Presentation of an Ethical Case Study

Expected Outcomes – Unit 3/Level II

- Demonstrated competence in employing an understanding of the major concepts associated with the Bowen theory of family systems. (312.4)

- Demonstrated competence in recognizing and working effectively with transference and counter-transference in work with individuals and families. (312.6)
- Demonstrated competence in articulating the systematic implications of one's theological perspective. (312.1)
- Demonstrated competence in ministering effectively with persons from other cultures, and in articulating how cultural diversity influences pastoral care to others. (312.2)
- Demonstrated ability to set appropriate educational goals that recognize individual strengths as a pastor and acknowledge the student's growing edges. (312.8)
- Demonstrated competence in functioning effectively in the pastoral role in an interdisciplinary setting. (312.7)
- Demonstrated competence in use of consultation to address limitations and growing edges as a pastor. (312.7)
- Demonstrated ability to use self-supervision in accessing strengths and weaknesses as a pastor. (312.8).

Unit 4

Exploring Pastoral Authority and Leadership

- Unit 4/Level I and Unit 4/Level II will address the same themes as Unit 4/Level I with an emphasis on demonstrated competence.
- Additional Education Components of Unit 4/Level II will include at least three (3) of the following options:
 - Presentation of a Didactic on Pastoral Care Issues to Peers
 - Paper/Project Identifying Leadership Strengths and Weaknesses
 - Development of a Mentoring Relationship with a Chaplain Site Coordinator to Explore the Art of Program Administration
 - Paper Articulating a Theological Understanding of Leadership
 - A Leadership Interview with a Leader in the Seton Family of Hospitals
 - Paper/Project Articulating a Student's Understanding of Leadership
 - Completion of an Educational Module with Seton's Organizational Development and Training
 - Preparation of Materials for APC
 - Participating in Mock Job Interviews
 - Inventory of One's Growing Edges as a Chaplain/Minister

Expected Outcomes – Unit 4/Level II CPE

- Demonstrated competence in the use of a wide range of pastoral care skills (312.3)
- Demonstrated competence in initiating, nurturing and maintaining professional relationships (312.7)
- Demonstrated competence in articulating and effectively implementing an understanding of the pastoral role in an interdisciplinary setting (312.7)

- Demonstrated ability to integrate an understanding of leadership, power and authority into a pastoral practice (312.5)
- Demonstrated competence in ministering to persons from diverse cultures (312.2)
- Demonstrated ability to articulate an understanding of the pastoral role that is congruent with personal values, basic assumptions, and personal identity.
- Demonstrated competence in the use of Self-Supervision and Consultation (312.6)
- Demonstrated competence in managing administrative tasks and responsibilities (312.5)