



Outpatient Pulmonary Rehabilitation Program  
Physician Referral Form

Patient Name : \_\_\_\_\_ Date: \_\_\_\_\_  
Diagnosis: \_\_\_\_\_ ICD 9 Code: \_\_\_\_\_  
Other Medical Diagnosis: \_\_\_\_\_  
DOB: \_\_\_\_\_ Patient Contact # : \_\_\_\_\_

Enroll patient in Outpatient Pulmonary Rehabilitation Program:

**Pulmonary Rehabilitation Orders:**

- Spirometry pre and post bronchodilator and diffusion capacity – *will be done if needed to qualify for pulmonary rehabilitation and if not done within three months prior to enrolling in program..*
- Perform comprehensive RT evaluation and monitor ongoing patient progress
- RT to perform baseline exercise tolerance test (six minute walk) pre & post program
- RT to perform MIP to assess for inspiratory muscle training
- Exercise and conditioning 2 -3 times a week for 6-10 weeks based on initial evaluation and ITP. (Dependent on site and ITP)
- Oxygen administration to maintain SpO2 > 90% with exercise
- Administer nebulizer treatment PRN times one with 0.083% unit dose albuterol sulfate inhalation solution (2.5 mg/3 ml) if SOB not alleviated with patient’s rescue inhaler
- PT evaluation and treat if indicated by Pulmonary Rehab policy and procedure
- Dietary evaluation

This patient is capable of participating in a comprehensive pulmonary rehabilitation program, which includes the guidance and monitoring by a licensed respiratory therapist. Medical Director will oversee and establish the ITP (Individual Treatment Plan) and review care plan every 30 days.

\_\_\_\_\_  
**Physician Signature**

\_\_\_\_\_  
**Physician (Print Name)**

**\*Important\***

Please fax the following information with referral form to:  
SMCA (512) 324-3326    SSW (512) 324-9040    SMCH (512) 504-5567  
SMCW (512) 324-4688    Seton Smithville (512) 581-5011

- 1. Latest H&P to include last office visit**
- 2. Patient demographics**
- 3. All pertinent diagnostic medical data (i.e. PFT’s, EKG’s, ABG’s, lab work, etc.)**
- 4. Patient medication list**

For Questions call (512) 324-3325