

# SMARTHEALTH

Brought to you by Seton Highland Lakes Hospital and Clinics



**Message** from the Administrator - pg 1 | **Bike Helmet** Giveaway - pg 1 | Surgery **Expansion** - pg 2

**Welcome** Seton Heart Institute - pg 2 | Meet our **Providers** - pg 3 & 4 | Barbara McPherson Goes the **Extra** Mile - pg 5

Frank Fickett **Legacy** Gift - pg 5 | SHL **Nurses** Honored - pg 6 | **HSB** Gala - pg 6

**Promotions** at SHL - pg 6 | Seton Care-A-Van **Golf** Tournament - pg 6

# Advanced Care. Here and Now.

Rapid changes have recently become the normal way of doing business for all health care providers. The recent health care reform legislation coupled with ever-changing advancements in technology are reshaping the delivery of health services throughout our nation. In the evolving and dynamic world of health care, there is at least one indelible truth: Seton Highland Lakes Hospital and Clinics will continue to honor our commitment of meeting the health care needs of residents of the Highland Lakes area.

## Ensuring Safety and Quality

Our providers and team members are obsessed with maintaining high reliability of care, and work together daily in a multi-disciplinary fashion to provide the highest caliber of care possible. Our Joint Commission accreditation and Pathways to Excellence® designation for nursing excellence are two distinguished honors we have earned that only begin to tell the story of the outstanding care we offer.

Seton Highland Lakes has grown tenfold within the last 12 years. We now have more than 400 associates and volunteers dedicated to meeting your health care needs. Our 30 primary care and specialty providers join forces on behalf of our patients to deliver collaborative care across a full continuum of services, including primary care, emergency medicine, nephrology, neurology, cardiology, pulmonology, orthopedics, urogynecology, gynecology, pediatrics, general surgery and pain management.

## Making Technology and Services Local

At Seton Highland Lakes, we continue to increase patient access to outstanding care and new technologies. Our highly skilled team works together to offer complex care for patients right here in Burnet, without the hassle and inconvenience of traveling to a larger city.

As a not-for-profit, faith-based health system, it's our mission to commit our resources to serving you and your family, providing access to the best health care possible. State-of-the-art services such as digital mammography, technological advancements including full implementation of an electronic medical record system, and the recent expansion of our new surgical suite are recent examples of world-class services available right here, right now. And with the addition of the Seton Heart Institute on the Highland Lakes campus, our depth of care continues to expand.



**Arie Dejong**

## Looking Toward the Future

We know we cannot rest on the success of the past or on our recent accomplishments. A defining characteristic of all our plans for the future is to find ways to serve you and expand your access to care, right here at home. We steady our eyes on the horizon, to the future of health care.

We thank you for your support and trust in Seton Highland Lakes Hospital and Clinics. We are grateful for the opportunity and responsibility to serve you, your family and your friends.

Sincerely,

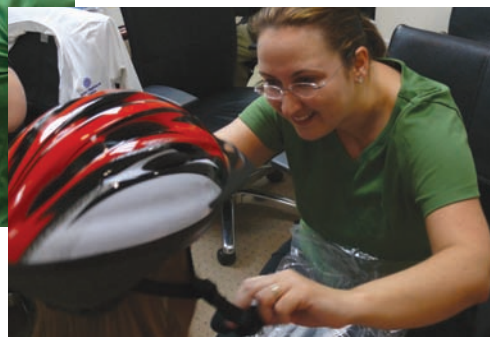
Arie Dejong  
Administrator & COO, Seton Highland Lakes Hospital  
Vice President, Seton Healthcare Family



Participating with the bike helmet giveaway were Seton Highland Lakes physicians **Tanna Thompson, MD**, with her daughter **Mackenzie**, **Lawrence Buxton, MD, PhD**, **Ray Spaw, MD**, and project coordinator **Erica Hughes, MD**.

## Seton Highland Lakes Participates in Bike Helmet Giveaway

Seton Highland Lakes Hospital and Clinics in conjunction with the Burnet-Lampasas County Medical Society sponsored a bike helmet fitting and giveaway. More than 160 helmets were given to area children at no charge. Hard Hats for Little Heads is made possible through a grant from Texas Medical Association Foundation thanks to



**Erica Hughes, MD**, visits with a local girl as she checks and adjusts the fit on her new bike helmet.

top donors - Blue Cross and Blue Shield of Texas, Prudential and an anonymous foundation - and gifts from physicians and their families. "We are pleased to implement this program for children in our area," stated Erica Hughes, MD, Seton Highland Lakes and project coordinator. "My colleagues will agree that participating in the program was a very rewarding experience. We were glad to contribute to the reduction of bike and scooter-related head injuries through this program."

# Seton Highland Lakes Hospital Expands Surgery Department

Seton Highland Lakes Hospital recently hosted a ribbon cutting ceremony with the Burnet Chamber of Commerce to open the newly expanded surgery department. The expansion includes a new surgery suite and an isolation procedure/recovery room, as well as the renovation of 1,100 square feet.

"With the addition of Drs. Akbar Hussaini, Stephen Scoggin and Tammy Sartor to our team of surgeons, as well as the continued growth in patient care provided by Drs. Lee Roy Rice and Erica Hughes, we quickly realized we needed to expand our surgery department," said Arie Dejong, Seton Highland Lakes administrator. "The expansion of both our surgery department and team of providers exemplifies our continued commitment to grow with the healthcare needs of the region."

The new surgery suites enable all area surgeons better meet the needs of their patients. With three ORs, patients can now be scheduled sooner for procedures, without having to go outside the area for care. The isolation room allows patients with airborne diseases to receive care in a contained environment.

"We will continue to add providers and expand our facilities as the need for health care in the region grows," Dejong added. "We are pleased to continue our tradition of being the leading provider of state-of-the-art health care for the region."



**Arie Dejong**, Seton Highland Lakes administrator, speaks to the large crowd of guests at the ribbon cutting ceremony for the expanded surgery department.



**Russ Dubose**, CRNA at Seton Highland Lakes, explains how he uses state-of-the-art equipment during surgery to **Beverly** and **Ken Graham**, and Burnet County Judge **Donna Klaeger**, during a ribbon cutting celebration for the expanded surgery department.



Front row: **Arie Dejong**, SHL administrator and COO, **Carie Johnson**, board member, Highland Lakes Health Fund, **Charles M. Franz**, DO, FAAP, Seton Highland Lakes Healthcare Center - Burnet, **Charlie Simpson**, ACNP-BC, MSN, AACC, Seton Heart Institute, **Michael Lenis**, MD, FACC, Seton Heart Institute, **Denise Watson**, RN, SHL director

Second row: **Roger Sanders**, contractor, **Becky Fox**, SHL, Seton Fund director of Development, **Karen Litterer**, RN, MSN, CIC, SHL senior director of Nursing, **Lori Kirby**, RN, SHL, **Sandra Galyon**, MSW, SHL

## Seton Heart Institute Expands to Burnet New clinic and rehab gym set to open late summer

Seton Heart Institute (SHI) is now open in Burnet. The physician practice of top cardiovascular specialists within the Seton Healthcare Family has been expanding to locations throughout Central Texas in order to meet the growing demand for advanced cardiovascular care that is convenient to patients.

The SHI team at Seton Burnet Specialty Clinic, which started offering services this year, includes Gerardo Kalife, MD, FACC, FSCAI, Michael Lenis, MD, FACC, and Charlie Simpson, ACNP-BC, MSN, AACC.

"A broad spectrum of cardiology services is now available to Highland Lakes residents close to where they live," said Mark Pirwitz, MD, FACC, SHI president and chief executive officer. "Convenient access to quality care is an important factor for cardiac patients for whom response time is essential."

Highland Lakes-area residents will also soon benefit from a new cardiology center that will be an extension of the Seton Burnet Healthcare Center.

The new center, currently under construction, will offer a full range of cardiovascular services including cardio and pulmonary rehabilitative care, a first-ever offering at the clinic. Once complete, SHI will move to the 5,300-square-foot center to be located in a new building, adjacent to Seton Burnet Healthcare Center. Construction began in April and is slated for completion in late summer of 2011. In addition to SHI physi-

cians and staff for the rehabilitative care center, the new building will also house Seton Highland Lakes physicians, Erica Hughes, MD, pulmonologist, and Robert Graves, DO, internist.

"We are dedicated to providing our patients with complete, person-centered care that includes expanding our facilities and bringing in seasoned specialists," said Arie Dejong, Seton Highland Lakes administrator. "The new center along with the SHI team will help meet our patients' needs for comprehensive cardiovascular services right here in our community."

In addition to a rehab gym, the total number of patient exam rooms will nearly double in the new center. SHI intends to hire at least four additional employees by the opening date to help service the larger facility.

Over the years, the Seton Healthcare Family has been a leader in the area of cardiovascular care, as evidenced by its advanced heart failure programs. The establishment of the Seton Heart Institute is an extension of Seton's commitment to improve accessibility to top quality cardiovascular care for patients.

To find out more or to schedule an appointment, call (512) 715-3032 or visit [www.setonheart.com](http://www.setonheart.com).

# Meet Our Providers



## General Surgery

### Tammy Sartor, MD, FACS

- All aspects of general surgery and endoscopy
- Diagnosis and treatment of breast masses and cancers
- Advanced breast surgery
- Stereotactic and ultrasound-guided biopsies
- Biliary tract disease

### Stephen Scoggin, MD, FACS

- All aspects of general surgery and endoscopy
- Biliary tract disease
- Colorectal disease
- Neoplastic disease of the breast and GI tract
- Laparoscopy
- Endoscopy



## Orthopedic Surgery

### Akbar A Hussaini, MD, ABOS

- Board certified and fellowship-trained in hip and knee replacement at Johns Hopkins University
- Total joint replacement
- Fracture care
- Arthritis care
- Shoulder, elbow and hand care
- Sports medicine
- General orthopedic problems
- Minimally invasive surgery
- All services provided locally

### Jerrod Taber, PA-C

- Orthopedic trauma and surgical intervention
- Total joint replacement
- Emergency medicine



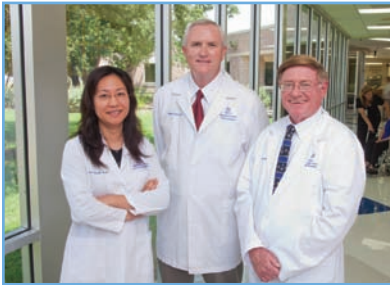
## Pediatrics

### Chandra Irvin, RN, FNP-C

- Seton Care-A-Van
- Mobile pediatric clinic
- Treatment for minor illnesses and injuries
- Immunizations
- Management of chronic diseases

### Tanna Thompson, MD

- Pediatrics
- American Board of Pediatrics
- Board-eligible in internal medicine
- Comprehensive pediatric health care
- Sports physicals
- Infants to adolescents



## Primary Care

### Yue Deng, MD

- Internal medicine
- American Board of Internal Medicine
- General wellness
- Preventative care

### Charles M. Franz, DO, FAAP

- Family medicine
- American Board of Family Practice
- General wellness
- Preventative care

### Lannie Stone, PA-C

- Primary care
- US Army School of Health Science, Physician Assistant Program
- General wellness
- Preventative care



## Primary Care

### Rene Funkhouser, RN, FNP-C

- Family medicine
- Board-certified nursing practitioner
- Women's health
- Allergy evaluation
- Coumadin clinic
- Family practice

### Robert Graves, DO

- Internal medicine
- American Board of Internal Medicine
- Diabetes
- Heart disease
- Health screenings

### Sidney Shinkawa, MD

- Internal medicine
- Board-eligible by American Board of Internal Medicine
- Routine wellness
- Preventative medical care



## Specialty Care

### Erica Hughes, MD

- Board certified in pulmonology
- Emphysema
- Chronic bronchitis
- Asthma
- Pulmonary Fibrosis
- Chronic lung diseases

### Lee Roy Rice, MD, FACOG

- Gynecology and urogynecology
- Comprehensive gynecological and urogynecological care
- Laparoscopic gynecologic surgery
- Hysterectomies
- Urodynamic testing
- Urinary incontinence

### Lawrence Buxton, MD, PhD

- Board certified in neurology
- Stroke
- Epilepsy
- Parkinson's disease
- Multiple Sclerosis
- Headaches
- Neck and back pain
- Spinal cord injury
- EMG-NCV testing



## Seton Heart Institute

Comprehensive non-invasive diagnostic services and invasive and interventional cardiovascular services

- Calcium scoring
- Cardiac CTA
- Electrical cardioversion
- Echocardiography
- Holter monitor studies
- Nuclear stress testing
- Stress echocardiogram
- Exercise treadmill testing
- Pacemaker interrogation
- Peripheral vascular diagnostics
- Clinical cardiovascular consultation & follow-up
- Pre-operative surgical risk assessment

### Charlie Simpson, ACNP-BC, MSN, AACCC

- Acute care nurse practitioner
- Board certified, American Nurses Credentialing Center
- Credentialed associate, American College of Cardiology
- Cardiovascular and cardiothoracic health related diseases
- Special interests in
  - Cardiac rehabilitation
  - Rural health
  - Women and heart disease

### Michael Lenis, MD, FACC

- Interventional cardiologist
- Special interest in:
  - Women's health
  - Nuclear imaging
  - Cardiovascular CT imaging

### Gerardo Kalife, MD, FACC, FSCAI

- Interventional cardiologist
- Percutaneous Abdominal Aortic Aneurysm (AAA) exclusion
- Special interest in:
  - Peripheral and Coronary Interventions
  - Chronic Heart Failure
  - Coronary Heart Disease
  - PVD



## Anesthesiology

Our anesthesiology team has more than 69 years combined experience in general, regional, local, and conscious sedation techniques. All providers are certified in advance cardiac life support, basic life support and pediatric life support.

### David Heatley, CRNA

- More than 20 years as a certified registered nurse anesthetist (CRNA)
- Field paramedic experience
- Trauma center nursing experience
- Lt. Commander, US Navy Nursing Corp (1988 - 2001)

### Russ Dubose, CRNA

- More than 25 years as a certified registered nurse anesthetist (CRNA)
- Director, anesthesia services
- Staff nurse anesthetist, USAF (1985 - 1991, retired)

### Mark Marrs, BSN, MHS, CRNA

- More than 24 years as a certified registered nurse anesthetist (CRNA)
- ICU nursing experience
- American Association of Nurse Anesthetists



## Family Care - Lampasas

### Jay Huntzinger, MD

- Family medicine
- American Board of Family Medicine
- Geriatrics
- Health maintenance and screenings
- Preventative medicine

**To schedule  
an appointment  
with any of  
our providers,  
please call  
(512) 715-3118.**

## Welcome to Our New Providers



### Jay Reddy, MD

- Nephrology & Dialysis
- Board certified in nephrology
- Acute or chronic kidney diseases
- Kidney stones
- Kidney transplant patients
- Electrolyte, calcium and magnesium abnormalities
- High blood pressure management



### Jennifer Rodges, RN, MSN, FNP-BC

- Family Nurse Practitioner
- American Nurses Credentialing Center (ANCC) Certification - Family Nurse Practitioner
- Advanced Cardiac Life Support (ACLS) certified for treatment of cardiopulmonary arrest and other types of medical emergencies
- 19 years of RN experience
- 13 years of nurse practitioner experience
- Family medicine for all ages
- Well Woman visits



### Ray Spaw, MD

- Family medicine
- Diplomate of the American Board of Family Medicine for more than 24 years
- General wellness
- Preventative care
- Well Woman care

## Medical Assistant Goes Extra Miles Caring for Patient and Family



**Barbara McPherson**

A quick stop at a convenience store turned into a 100-mile journey for Barbara McPherson. The medical assistant from Seton Bertram Healthcare Center was out enjoying her weekend when she dropped everything to help an elderly couple with a medical emergency.

Barbara was at a local convenience store in Bertram when she noticed four people carrying a gentleman into the store. His hand was wrapped and bleeding. He had accidentally cut off his fingertip while attempting to fix his car window.

The 88-year-old man was very concerned about his wife, who he had left alone in the car. Unable to drive, she was mostly wheelchair bound. Barbara went outside and introduced herself to his wife. She then told her what was going on with her husband inside the store, and that an ambulance was on the way to take him to the hospital.

The lady asked Barbara to call their son in San Antonio and explain the situation to him. Barbara confirmed with the son that she would drive his mother to Seton Highland Lakes and stay with her until she knew that the son was on his way, or that the patient would be discharged. Barbara also talked to their daughter from Corpus Christi, assuring her that she wouldn't leave until she knew the couple was taken care of.

The injured man was taken to the hospital where he was stabilized while he waited to be transported for surgery. Once he was on his way, Barbara drove his wife to Round Rock and waited until the couple's son arrived. Barbara's husband picked her up about 6 p.m. and finally took her home from her adventure.

After the couple returned from a trip to California, they sent Barbara a beautiful card and a box of chocolates to thank her for her assistance. "It doesn't get any better than this, to be needed and appreciated by patients and their families," Barbara said.

Barbara's actions came as no surprise to her colleagues. "We serve a small community in Bertram and find ourselves caring for friends and those we consider our extended family," said Lanny Stone, physician assistant, Bertram Healthcare Center. "I was not the least bit surprised by her efforts; Barbara always goes the extra mile."

Denise Watson, director, Home Care and Clinic Services at Seton Highland Lakes added, "The great staff at the Bertram Healthcare Center cares for multiple generations of patients. Barbara is especially skilled at building relationships with patients and their families. Her story is an awesome reflection on Seton Highland Lakes and the entire Seton Family."

## Frank Fickett Leaves \$5.3 Million Legacy Gift to Seton Highland Lakes Hospital

The estate of former Burnet City Council member and longtime Seton supporter, Frank Fickett, gave \$5.3 million to Seton Highland Lakes Hospital (SHL). The gift is the largest ever received by SHL.

A real estate developer and businessman, Fickett had been a Burnet resident since the 1980s, where he quickly became a beloved member of the community.

"He was a shrewd businessman, but one of the most generous people I've ever known," said friend Ken Graham, who served with Fickett on the Burnet City Council. "Frank felt like SHL saved his life more than once. He had a lot of love for the hospital."

Close friend and attorney Ed Small added, "Frank loved Burnet and felt a good city needed a good hospital. He also believed that people should be able to get the care they need without having to travel far."

Several times Fickett had to travel to Austin for medical procedures not yet available in Burnet. Small recalls visiting Fickett one time in Austin. "Frank pointed to the various high-tech machines in his room and said, 'Maybe we can get equipment like this in Burnet.'"

Today, SHL is a 25-bed critical access hospital with 25 primary care providers and specialists, with the area's only intensive care unit. Thanks to the generosity of local supporters like Fickett, SHL has developed several innovative programs such as the Seton Kid's Care-A-Van, a pediatric mobile health van.

"Our mission directs us to provide the best available care to anyone who comes through our doors," said Seton Healthcare Family President and CEO, Charles J. Barnett, FACHE. "Over the years, we've created many more doors. This could not be possible without the support of generous donors such as Mr. Fickett. It's been repeatedly demonstrated that improving a community's health care can have a profound positive impact on the local economy. This, too, is a vital part of Seton's mission. It's very rewarding and humbling to have this kind of positive impact in the Highland Lakes region and in communities across Central Texas."

"We are honored and humbled by Frank's gift," said Arie DeJong, Seton Highland Lakes administrator. "In keeping with Frank's vision of making the finest health care services available closer to home, we will use his gift to continue bringing new, state-of-the-art health care technology and services to our beautiful Hill Country community."



**Frank Fickett**



The Frank Fickett Patient Care Pavilion at Seton Highland Lakes was named in memory of the late philanthropist. Pictured at the dedication for the newly remodeled waiting area are, from left, **Arie DeJong**, Seton Highland Lakes administrator; **Fannie Mae Shepperd**, longtime friend of Mr. Fickett, and **Pat** and **Dennis Tobin**, some of his relatives.

## Congratulations to These Outstanding SHL Nurses



**Sherry Brown, RN, CEN, LP**, was recently named Seton Healthcare Family Emergency Department Specialty Nurse of the Year and Seton Highland Lakes Nurse of the Year. Sherry also had a lead role in implementing the new COMPASS electronic health record system, which is part of a nationwide initiative to reduce paper orders and charting, with the goal of enhancing overall patient safety and continuity of care.



**Brandie Mendiola, RN, CMSRN**, was selected as a Texas Nurses Association 2011 Fabulous Five nurse. Brandie was selected for this honor by the Central Texas District of the Texas Nurses Association on the basis of leadership, compassion, community service, effectiveness as a role model and significant contributions to the nursing professions.



**Thank You...**

Seton Highland Lakes Hospital expresses heartfelt thanks to the Horseshoe Bay Seton Associates, gala hosts Eileen and Wayne Hurd, all gala underwriters, patrons and silent auction benefactors, and the many volunteers who contributed to the success of the Run for the Roses Gala 2011. The event raised more than \$60,000, which will be used to purchase a pulmonary plethysmograph for the Pulmonary Department at Seton Highland Lakes. "I see a diverse group of patients, including those with COPD, asthma, pulmonary fibrosis, as well as other patients who are in need of monitoring because medications they take have the potential to cause lung injury," explained Erica Hughes, MD, a full-time pulmonary and critical care physician at Seton Highland Lakes. "The pulmonary plethysmograph will play a vital role in assisting medical team members accurately measure how much air is in the patient's lungs, which will help us develop the most effective treatment plans for our patients."



## Promotions



**Mary Humphrey, RN, MSN, NE-BC, CEN**, was recently promoted to nursing director for emergency, surgery and imaging services. She has been with SHL for three years.



**Jennifer M. Ransier, RN**, was promoted to clinical nursing supervisor for the Emergency Department in addition to her role as ED educator. Jennifer has been with SHL for five years.

## Emory Bellard-Spike Dykes Kids Care-a-Van Golf Classic

**Tailgate Party**

**Friday, August 5, 2011 • 6 p.m.**

**Galloway Hammond Recreation Center**

**Double Shotgun Golf Tournament**

**Saturday, August 6, 2011**

**8 a.m. and 1:30 p.m.**

**Delaware Springs Golf Course**

These events benefit the Seton Kids Care-A-Van, which provides health care to underserved and uninsured children living in the Highland Lakes area. For more information, contact Becky Fox, The Seton Fund, at (512) 715-3367 or [bfox@seton.org](mailto:bfox@seton.org), or visit us online at [www.setonfund.org](http://www.setonfund.org). This year's event will be in honor and memory of Coach Emory Bellard, one of the founders of the annual event. His legacy will live on through this event and the Seton Kid's Care-a-Van program.



Seton Highland Lakes is one of only 50 health care organizations nationwide recognized by the American Nurses Credentialing Center (ANCC) with the Pathway to Excellence® designation as one of the best places to work for nurses. To earn this status, Seton Highland Lakes Hospital integrated specific Pathway to Excellence standards such as safety, professional development and work-life balance into its operating policies, procedures and management practices. This designation confirms Seton Highland Lakes' long-term commitment to their nursing team.



# Seton Highland Lakes Hospital

A member of the Seton Healthcare Family

3201 S. Water  
P.O. Box 1219  
Burnet, Texas 78611

## List of Services

**Seton Highland Lakes Hospital, a member of the Seton Healthcare Family, is a level IV, 25-bed acute care critical access hospital that provides comprehensive, state-of-the-art services to residents, including:**

- Level IV Trauma Center and Emergency Department
- Hospitalist program for hospitalized patients
- Intensive care services
- State-of-the art surgery suites
- Outpatient infusion therapy
- Lab services at four locations
- Pharmacy
- On-site business office and financial counseling
- Social services and case management for patients
- Radiology and Imaging, including 64-slice CT scanner and MRI
- Women's center, with digital mammography
- Cardiopulmonary outpatient services
- Home Health
- Hospice
- Rehab and physical therapy

For primary and preventive health care services, Seton Highland Lakes operates seven health care centers for patients:

- Seton Highland Lakes Healthcare Center - Burnet
- Seton Highland Lakes Specialty Clinic - Burnet
- Seton Heart Institute - Burnet
- Seton Bertram Healthcare Center
- Seton Lampasas Healthcare Center
- Seton Marble Falls Healthcare Center
- Seton Kid's Care-A-Van

### Mission Statement

Our mission inspires us to care for and improve the health of those we serve with a special concern for the poor and the vulnerable. We are called to be a sign of God's unconditional love for all and believe that all persons by their creation are endowed with dignity. Seton continues the Catholic tradition of service established by our founders: Vincent de Paul, Louise de Marillac and Elizabeth Ann Seton.